

Thanks for visiting my fundraising page.

I am joining 3 others to cycle the Trans Pennine Trail, a total of 356km, over 5 days, from 13th - 17th May. I am raising money for both Prostate Cancer UK and Cheshire & Merseyside Blood Bikes, both of which do amazing work.

While I am a keen cyclist, I have never cycled anywhere near this far before and it will be a huge challenge for me so any donation, however small, will be a massive encouragement to keep me going. You can donate to either charity via the individual pages below.

Remember: Donating through JustGiving is simple, fast and totally secure. Your details are safe with JustGiving - they'll never share them with anyone or send you unwanted emails. Once you donate, they'll send your money directly to the charity. They'll make sure Gift Aid (an additional 25%) is reclaimed on every eligible donation by a UK taxpayer, too. That means more money goes to the charity, faster, with JustGiving.

The page to donate is:- www.justgiving.com/teams/paul-chruszcz